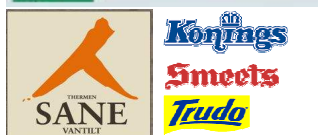




Jogging 5 km

Afstand 5,1350 km

| Aankomst | Borstnr | Naam | Voornaam | Gesl | Tijd | min/km | m/u |
|----------|---------|-----------------|------------|------|---------|---------|--------|
| 1 | 44 | HENDRIKX | JEROEN | M | 0:17:27 | 0:03:24 | 17.656 |
| 2 | 9 | KENIS | RUBEN | M | 0:17:27 | 0:03:24 | 17.656 |
| 3 | 27 | LENAERTS | LAURENS | M | 0:18:21 | 0:03:34 | 16.790 |
| 4 | 34 | VANGEEL | PIET | M | 0:19:00 | 0:03:42 | 16.216 |
| 5 | 16 | VOLBRAGT | MARIJN | M | 0:19:08 | 0:03:44 | 16.103 |
| 6 | 5 | VOLBRAGT | MARNIK | M | 0:19:10 | 0:03:44 | 16.075 |
| 7 | 35 | HENDRICKX | NIELS | M | 0:19:15 | 0:03:45 | 16.005 |
| 8 | 20 | DENISSEN | JORG | M | 0:19:49 | 0:03:52 | 15.548 |
| 9 | 10 | VANDELOO | DRIES | M | 0:20:05 | 0:03:55 | 15.341 |
| 10 | 4 | VANDEBEEK | SIMON | M | 0:20:46 | 0:04:03 | 14.836 |
| 11 | 13 | SEGRS | PETER | M | 0:21:16 | 0:04:08 | 14.488 |
| 12 | 21 | SAMPERMANS | BART | M | 0:21:43 | 0:04:14 | 14.187 |
| 13 | 38 | VAN CAUWENBERGE | PETER | M | 0:21:48 | 0:04:15 | 14.133 |
| 14 | 32 | HENDRIKX | LOUIS | M | 0:22:18 | 0:04:21 | 13.816 |
| 15 | 14 | THOELN | RONALD | M | 0:22:34 | 0:04:24 | 13.653 |
| 16 | 29 | VANDEPUT | ROEL | M | 0:22:38 | 0:04:24 | 13.613 |
| 17 | 2 | ULBURGHS | LUDO | M | 0:22:48 | 0:04:26 | 13.513 |
| 18 | 17 | PAULY | PHILIP | M | 0:24:21 | 0:04:45 | 12.653 |
| 19 | 30 | BROUX | CEDRIC | M | 0:24:34 | 0:04:47 | 12.541 |
| 20 | 31 | NYS | JOHAN | M | 0:24:36 | 0:04:47 | 12.524 |
| 21 | 3 | MACHIELS | JORDY | M | 0:24:54 | 0:04:51 | 12.374 |
| 22 | 22 | VANDEWEEGE | MARIJKE | V | 0:25:06 | 0:04:53 | 12.275 |
| 23 | 15 | MAES | RONY | M | 0:25:17 | 0:04:55 | 12.186 |
| 24 | 6 | NILIS | JOHAN | M | 0:25:25 | 0:04:57 | 12.122 |
| 25 | 39 | CEULEMANS | ELLEN | V | 0:25:48 | 0:05:01 | 11.942 |
| 26 | 36 | GOEMAN | CHRISTEL | V | 0:27:06 | 0:05:17 | 11.369 |
| 27 | 25 | VERSTRAETEN | FRANS | M | 0:27:07 | 0:05:17 | 11.362 |
| 28 | 37 | FEYEN | ROGER | M | 0:27:28 | 0:05:21 | 11.217 |
| 29 | 43 | NYS | RONNY | M | 0:27:38 | 0:05:23 | 11.150 |
| 30 | 42 | NYS | VALENTIN | M | 0:28:19 | 0:05:31 | 10.881 |
| 31 | 1 | MONISSE | DAVINA | V | 0:28:23 | 0:05:32 | 10.855 |
| 32 | 18 | ERLICH | ANGELIQUE | V | 0:28:34 | 0:05:34 | 10.785 |
| 33 | 26 | ANIOL | ROBERT | M | 0:28:42 | 0:05:35 | 10.735 |
| 34 | 45 | DAMS | NATHALIE | V | 0:28:55 | 0:05:38 | 10.655 |
| 35 | 28 | GEVAERT | HANNA | V | 0:29:06 | 0:05:40 | 10.588 |
| 36 | 40 | THEUNIS | ROSETTE | V | 0:29:07 | 0:05:40 | 10.582 |
| 37 | 33 | BOSMANS | MILO | M | 0:30:16 | 0:05:54 | 10.180 |
| 38 | 46 | DAGNELIE | CHRISTIANE | V | 0:30:23 | 0:05:55 | 10.141 |
| 39 | 41 | LEURS | HANNELORE | V | 0:30:42 | 0:05:59 | 10.036 |
| 40 | 19 | JANS | LILIANE | V | 0:31:31 | 0:06:08 | 9.776 |
| 41 | 7 | VAN OTTERDIJK | GODELIEVE | V | 0:32:15 | 0:06:17 | 9.554 |
| 42 | 8 | DRIESENS | EDDY | M | 0:32:15 | 0:06:17 | 9.554 |
| 43 | 24 | CLAES | PETRA | V | 0:33:48 | 0:06:35 | 9.115 |
| 44 | 23 | REYSKENS | KATRIEN | V | 0:35:19 | 0:06:53 | 8.724 |
| 45 | 12 | LIETEN | INGRID | V | 0:37:13 | 0:07:15 | 8.279 |
| 46 | 11 | WOUTERS | RUDI | M | 0:41:32 | 0:08:05 | 7.418 |



Jogging 10 km

Afstand 10,0000 km

| Aankomst | Borstnr | Naam | Voornaam | Gesl | Tijd | min/km | m/u |
|----------|---------|----------|----------|------|---------|---------|--------|
| 1 | 210 | STESSENS | TIM | M | 0:30:48 | 0:03:05 | 19.481 |
| 2 | 221 | NEVEN | KOEN | M | 0:31:09 | 0:03:07 | 19.262 |
| 3 | 258 | BERTELS | JELLE | M | 0:32:03 | 0:03:12 | 18.721 |
| 4 | 211 | MAES | GEERT | M | 0:32:52 | 0:03:17 | 18.256 |
| 5 | 204 | MAES | DAVE | M | 0:34:22 | 0:03:26 | 17.459 |
| 6 | 241 | OEYEN | JAN | M | 0:36:34 | 0:03:39 | 16.409 |
| 7 | 205 | JOOKEN | BENNY | M | 0:37:59 | 0:03:48 | 15.797 |
| 8 | 223 | SCHREURS | SIMON | M | 0:38:03 | 0:03:48 | 15.769 |

| | | | | | | | |
|----|-----|-----------------|--------------|---|---------|---------|--------|
| 9 | 226 | HENDRICKX | KRISTOF | M | 0:38:10 | 0:03:49 | 15.721 |
| 10 | 209 | CAMPS | DAVID | M | 0:38:16 | 0:03:50 | 15.680 |
| 11 | 220 | KIPPERS | HILDE | V | 0:38:21 | 0:03:50 | 15.645 |
| 12 | 213 | WILLEMS | TONY | M | 0:39:33 | 0:03:57 | 15.171 |
| 13 | 237 | LYNEN | PETER | M | 0:40:24 | 0:04:02 | 14.852 |
| 14 | 240 | GEELLEN | PATRICK | M | 0:41:14 | 0:04:07 | 14.551 |
| 15 | 250 | RAYMAEKERS | ERWIN | M | 0:41:32 | 0:04:09 | 14.446 |
| 16 | 216 | CUYPERS | GUIDO | M | 0:41:38 | 0:04:10 | 14.412 |
| 17 | 234 | REYSKENS | GEERT | M | 0:42:18 | 0:04:14 | 14.185 |
| 18 | 229 | UITTERHAEGEN | STEVEN | M | 0:42:25 | 0:04:15 | 14.145 |
| 19 | 215 | VAN OOSTERWIJCK | NATHALIE | V | 0:42:44 | 0:04:16 | 14.041 |
| 20 | 214 | BOLINIUS | JOHANN | M | 0:42:56 | 0:04:18 | 13.975 |
| 21 | 212 | DULLERS | ANDRE | M | 0:42:57 | 0:04:18 | 13.970 |
| 22 | 230 | DHONDT | RONALD | M | 0:43:07 | 0:04:19 | 13.916 |
| 23 | 228 | MELOTTE | SAM | M | 0:43:18 | 0:04:20 | 13.857 |
| 24 | 251 | KUIJK | EGBERT | M | 0:43:27 | 0:04:21 | 13.809 |
| 25 | 238 | VERSTRAETEN | LEVI | M | 0:43:28 | 0:04:21 | 13.804 |
| 26 | 256 | PAPS | NICO | M | 0:43:35 | 0:04:22 | 13.767 |
| 27 | 206 | BEUSEN | BERTHO | M | 0:43:53 | 0:04:23 | 13.673 |
| 28 | 245 | HENDRIKX | JEF | M | 0:44:12 | 0:04:25 | 13.575 |
| 29 | 227 | SIMONS | ROB | M | 0:44:14 | 0:04:25 | 13.565 |
| 30 | 235 | LUYCK | LUDO | M | 0:45:08 | 0:04:31 | 13.294 |
| 31 | 257 | DELBROEK | GUIDO | M | 0:45:41 | 0:04:34 | 13.134 |
| 32 | 208 | WIJNANTS | LAURENT | M | 0:46:04 | 0:04:36 | 13.025 |
| 33 | 222 | CONINX | LEON | M | 0:46:07 | 0:04:37 | 13.011 |
| 34 | 239 | BUEKERS | MARC | M | 0:47:02 | 0:04:42 | 12.757 |
| 35 | 219 | VRIJSEN | VALERE | M | 0:47:02 | 0:04:42 | 12.757 |
| 36 | 233 | BOSMANS | PATRICK | M | 0:47:14 | 0:04:43 | 12.703 |
| 37 | 249 | HALLET | PHILIPPE | M | 0:47:27 | 0:04:45 | 12.645 |
| 38 | 203 | SCHRIJVERS | JOSEPH | M | 0:47:30 | 0:04:45 | 12.632 |
| 39 | 246 | NIJS | ERIC | M | 0:47:35 | 0:04:46 | 12.610 |
| 40 | 218 | AERTS | JEAN | M | 0:48:04 | 0:04:48 | 12.483 |
| 41 | 243 | KESTENS | SYLVIA | V | 0:48:06 | 0:04:49 | 12.474 |
| 42 | 217 | HULSMANS | PIERRE | M | 0:48:25 | 0:04:50 | 12.393 |
| 43 | 236 | JANSSSEN | MICHIEL | M | 0:49:06 | 0:04:55 | 12.220 |
| 44 | 231 | HOUBEN | ALBERT | M | 0:49:43 | 0:04:58 | 12.068 |
| 45 | 225 | LEFEVERE | ALAIN | M | 0:50:02 | 0:05:00 | 11.992 |
| 46 | 202 | VERECKEN | STIJN | M | 0:50:25 | 0:05:03 | 11.901 |
| 47 | 259 | INDEHERBERGE | DANNY | M | 0:50:29 | 0:05:03 | 11.885 |
| 48 | 242 | REYNAERTS | MARLEEN | V | 0:50:47 | 0:05:05 | 11.815 |
| 49 | 244 | NILIS | WILLY | M | 0:51:04 | 0:05:06 | 11.749 |
| 50 | 207 | CAPROENS | GILBERTE | V | 0:51:31 | 0:05:09 | 11.647 |
| 51 | 247 | WIRCX | FABIENNE | V | 0:51:46 | 0:05:11 | 11.591 |
| 52 | 254 | KUIJK | FROUKJE | V | 0:51:49 | 0:05:11 | 11.579 |
| 53 | 201 | LEEKENS | PAUL | M | 0:52:38 | 0:05:16 | 11.400 |
| 54 | 232 | PETERS | HILDE | V | 0:53:56 | 0:05:24 | 11.125 |
| 55 | 224 | HERBEN | GUY | M | 0:55:14 | 0:05:31 | 10.863 |
| 56 | 253 | CLAES | ANN | V | 0:56:32 | 0:05:39 | 10.613 |
| | 248 | BOSMANS | PETER | M | | | |
| | 260 | VOORPYL* | STEVEN | M | 0:24:55 | 0:08:31 | 7.048 |
| | 255 | KUIJK* | GREETJEMINKE | V | 0:29:14 | 0:05:48 | 10.355 |

* voortijdig gestopt



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