



Jogging 5 km

Afstand 4,9300 km

Aankomst	Borstnr	Naam	Voornaam	Gesl	Tijd	min/km	m/u
1	34	Achten	Filip	M	0:17:04	0:03:28	17.332
2	1	Denissen	Jorg	M	0:17:42	0:03:35	16.712
3	11	Duijsters	Jan	M	0:19:37	0:03:59	15.079
4	32	Sansom	Brett	M	0:19:42	0:04:00	15.015
5	3	Vandebeek	Maarten	M	0:19:52	0:04:02	14.889
6	42	Van Den Brink	Dominique	M	0:20:19	0:04:07	14.560
7	71	Grosemans	Marc	M	0:20:22	0:04:08	14.524
8	10	Knaepen	Leen	V	0:20:46	0:04:13	14.244
9	80	Bammens	Mitchel	M	0:20:50	0:04:14	14.199
10	63	Vaesen	Fangio	M	0:20:53	0:04:14	14.165
11	29	Lauwers	Kimberly	V	0:20:58	0:04:15	14.108
12	28	Veltjens	Carine	V	0:21:03	0:04:16	14.052
13	2	Degens	Pieter	M	0:21:39	0:04:23	13.663
14	38	Van Marcke	Sara	V	0:21:40	0:04:24	13.652
15	40	Vernyns	Mario	M	0:21:55	0:04:27	13.497
16	23	Goessens	Marc	M	0:22:07	0:04:29	13.375
17	18	Bosmans	Sofie	V	0:22:16	0:04:31	13.285
18	6	De Sutter	Kasper	M	0:22:24	0:04:33	13.205
19	52	Nijs	Dirk	M	0:22:39	0:04:36	13.060
20	66	Vanroy	Marcella	V	0:22:40	0:04:36	13.050
21	24	Saenen	Albert	M	0:23:09	0:04:42	12.778
22	8	Lodewijckx	Bert	M	0:23:11	0:04:42	12.759
23	31	Lauwers	Ivo	M	0:23:26	0:04:45	12.623
24	39	Wienen	Karel	M	0:23:37	0:04:47	12.525
25	81	Bammens	Ronny	M	0:23:42	0:04:48	12.481
26	4	Creemers	Kasper	M	0:23:42	0:04:48	12.481
27	79	Sansom	Joyce	V	0:23:43	0:04:49	12.472
28	5	Aerts	Benny	M	0:24:04	0:04:53	12.291
29	35	Vandebeek	Simon	M	0:24:06	0:04:53	12.274
30	19	Bielen	Koen	M	0:24:07	0:04:54	12.265
31	46	Verstraeten	Frans	M	0:24:08	0:04:54	12.257
32	14	Claesen	Cokny	M	0:24:09	0:04:54	12.249
33	65	Nys	Johan	M	0:24:37	0:05:00	12.016
34	70	Greeven	Luc	M	0:24:37	0:05:00	12.016
35	33	Wouters	Eddy	M	0:24:54	0:05:03	11.880
36	7	Peeters	Nele	V	0:25:02	0:05:05	11.816
37	45	Reners	Silke	V	0:25:08	0:05:06	11.769
38	67	Michiels	Bart	M	0:25:12	0:05:07	11.738
39	68	Vanderheyden	Konrad	M	0:25:12	0:05:07	11.738
40	41	Smeyets	Guy	M	0:25:17	0:05:08	11.700
41	74	Peeters	Petra	V	0:25:19	0:05:08	11.684
42	82	Bouabdelli	Zohra	V	0:25:29	0:05:10	11.608
43	43	Theunis	Rosette	V	0:25:33	0:05:11	11.577
44	25	Vandebeek	Alex	M	0:25:39	0:05:12	11.532
45	76	Luyck	Eline	V	0:25:50	0:05:14	11.450
46	58	Nys	Ronny	M	0:25:51	0:05:15	11.443
47	53	Jansen	Benny	M	0:26:00	0:05:16	11.377
48	56	Jaspers	Jan	M	0:26:04	0:05:17	11.348
49	51	Nys	Valentin	M	0:26:26	0:05:22	11.191
50	48	Aniol	Robert	M	0:26:32	0:05:23	11.148
51	47	Bas	Valere	M	0:26:39	0:05:24	11.100
52	72	Nardozza	Andrea	M	0:26:40	0:05:25	11.093
53	75	Lodewyckx	Mia	V	0:26:59	0:05:28	10.962
54	26	Gijbels	Valentin	M	0:27:01	0:05:29	10.949
55	54	Schepers	Guido	M	0:27:02	0:05:29	10.942
56	60	Martens	Wim	M	0:27:13	0:05:31	10.868
57	22	Hardiquet	Jacky	V	0:27:21	0:05:33	10.815
58	77	Sansom	Roy	M	0:27:37	0:05:36	10.711
59	16	Houben	Jeroen	M	0:27:47	0:05:38	10.647
60	64	Denissen	Kristina	V	0:28:46	0:05:50	10.283
61	55	Coenegracht	Christa	V	0:28:52	0:05:51	10.247
62	57	Daemen	Leo	M	0:28:53	0:05:52	10.241



63	61	Nelisson	Viviane	V	0:28:54	0:05:52	10.235
64	78	Munters	Sabrina	V	0:28:56	0:05:52	10.224
65	30	Vaesens	Linda	V	0:28:58	0:05:53	10.212
66	21	Claesen	Edmond	M	0:29:42	0:06:01	9.960
67	62	Pouders	Els	V	0:30:20	0:06:09	9.752
68	59	Vossen	Masja	V	0:30:20	0:06:09	9.752
69	13	Miozzo	Ginni	V	0:30:29	0:06:11	9.704
70	49	Claesen	Deborah	V	0:30:31	0:06:11	9.693
71	15	Meyers	Karin	V	0:30:34	0:06:12	9.677
72	17	Houben	Ronny	M	0:30:34	0:06:12	9.677
73	12	Vandermaesen	Hilde	V	0:30:39	0:06:13	9.651
74	44	Bauvois	Nadine	V	0:30:46	0:06:14	9.614
75	27	Engelen	Bea	V	0:30:51	0:06:15	9.588
76	50	Beertens	Ellen	V	0:30:58	0:06:17	9.552
77	9	Hulsmans	Pierre	M	0:30:58	0:06:17	9.552
78	73	La Mela	Gaetano	M	0:32:00	0:06:29	9.244
79	20	Vandenabeele	Martha	V	0:32:07	0:06:31	9.210
80	69	Van Ham	An	V	0:33:06	0:06:43	8.937
81	37	Vaes	Anita	V	0:34:19	0:06:58	8.620
82	36	Claesen	Monique	V	0:34:19	0:06:58	8.620



Jogging 10 km

Afstand 9,7600 km

Aankomst	Borstnr	Naam	Voornaam	Gesl	Tijd	min/km	m/u
1	128	Van Marcke	Pascal	M	0:33:19	0:03:25	17.577
2	152	Hiemeleers	Marc	M	0:36:06	0:03:42	16.222
3	136	Deernen	Brecht	M	0:36:26	0:03:44	16.073
4	108	Loos	Wim	M	0:36:51	0:03:47	15.892
5	123	Van der Have	Peter	M	0:37:15	0:03:49	15.721
6	125	Beerten	Didier	M	0:37:28	0:03:50	15.630
7	107	Willems	Tony	M	0:37:40	0:03:52	15.547
8	131	Beijer	Carlo	M	0:37:44	0:03:52	15.520
9	135	Ceulemans	Kris	M	0:37:57	0:03:53	15.431
10	142	Herben	Karel	M	0:38:56	0:03:59	15.041
11	121	Winters	Stefan	M	0:39:14	0:04:01	14.926
12	132	Vankrunkelsven	Brecht	M	0:39:18	0:04:02	14.901
13	103	Van Manshoven	Jan	M	0:39:44	0:04:04	14.738
14	153	Reemers	Ludo	M	0:40:00	0:04:06	14.640
15	137	Vandeweyer	Patrick	M	0:40:28	0:04:09	14.471
16	143	Van Briel	Henri	M	0:40:36	0:04:10	14.424
17	112	Van der Auwermeulen	Jonas	M	0:40:46	0:04:11	14.365
18	114	Bosmans	Patrick	M	0:40:46	0:04:11	14.365
19	146	Lambrechts	Tom	M	0:40:57	0:04:12	14.300
20	122	Winters	Brecht	M	0:40:58	0:04:12	14.295
21	115	Joosten	Ruben	M	0:41:45	0:04:17	14.026
22	144	Cosemans	Jurgen	M	0:41:46	0:04:17	14.021
23	110	Paps	Nico	M	0:42:03	0:04:19	13.926
24	109	Lemmens	Danny	M	0:42:52	0:04:24	13.661
25	151	Tijssen	Valère	M	0:42:56	0:04:24	13.640
26	116	Sourbron	Filip	M	0:43:42	0:04:29	13.401
27	139	De Raedt	Katrien	V	0:43:46	0:04:29	13.380
28	119	Aerts	Jean	M	0:44:52	0:04:36	13.052
29	157	Vrancken	Kris	M	0:45:14	0:04:38	12.946
30	120	Daniels	Benny	M	0:45:21	0:04:39	12.913
31	154	Lefevere	Alain	M	0:45:24	0:04:39	12.899
32	156	Welkenhuysen	Lode	M	0:45:31	0:04:40	12.866
33	106	Creemers	Marc	M	0:45:35	0:04:40	12.847
34	124	Wagemans	Patrick	M	0:45:50	0:04:42	12.777
35	129	Vernyns	Ivo	M	0:45:55	0:04:42	12.754
36	148	Vandereyt	Stijn	M	0:46:16	0:04:44	12.657
37	159	Luyck	Ludo	M	0:46:36	0:04:46	12.567
38	133	Nys	Eric	M	0:46:40	0:04:47	12.549
39	118	Schepers	Danny	M	0:47:28	0:04:52	12.337
40	101	Beusen	Bertho	M	0:47:42	0:04:53	12.277
41	138	Beukers	Marc	M	0:47:43	0:04:53	12.273



42	162	Houben	Albert	M	0:47:44	0:04:53	12.268
43	102	Caproens	Gilberte	V	0:47:45	0:04:54	12.264
44	141	Van Ouytsel	Dirk	M	0:49:13	0:05:03	11.899
45	130	Vankrunkelsven	Benita	V	0:49:29	0:05:04	11.834
46	149	Haenraets	Michel	M	0:49:46	0:05:06	11.767
47	126	Vannijlen	Steven	M	0:49:58	0:05:07	11.720
48	147	Goeman	Christel	V	0:50:18	0:05:09	11.642
49	145	Wirix	Fabienne	V	0:51:26	0:05:16	11.386
50	150	Feyen	Roger	M	0:51:52	0:05:19	11.291
51	117	Vangeel	Flor	M	0:51:53	0:05:19	11.287
52	140	Hertogs	Katleen	V	0:52:00	0:05:20	11.262
53	161	Evers	Guido	M	0:52:18	0:05:22	11.197
54	134	Deckers	Stefan	M	0:52:39	0:05:24	11.123
55	111	Claes	Ann	V	0:54:27	0:05:35	10.755
56	113	Lemmens	Martine	V	0:54:27	0:05:35	10.755
57	127	Evers	Hilde	V	0:54:27	0:05:35	10.755
58	155	Schepers	Raf	M	0:54:32	0:05:35	10.738
59	104	Berger	Marlies	V	0:55:29	0:05:41	10.555
60	105	Verdichel	Patricia	V	0:55:31	0:05:41	10.548
61	160	Jacobs	Barbara	V	0:55:35	0:05:42	10.536
62	158	Cuppens	Jo	M	0:56:06	0:05:45	10.439

De Zonhovense Atletiek Club

en de Sportdienst van de Gemeente Zonhoven

dankt alle atleten, joggers en medewerkers

voor het welslagen van onze 22ste editie van de Teutenjogging